

CLIENT SCHEDULE FRIDAY EVENING

4:00 pm- 5:20 pm	May be upstairs. Recreation- Wellness Room, Walk, MPR, etc. Free time (4-5 pm allowed upstairs)
5:30 pm	Dinner
6:00 pm- 7:00 pm	Free time. Dish team, free time activities, TV Kitchen and dish team can freshen up. Downstairs by 6:50 Clinical Support will check rooms to make sure everyone is downstairs
7:00 pm- 9:00 pm	Beautification through 9:50pm. Other Mandatory Activity Clinical Support Fill Out (Movie Night-Movie must be logged)
7:50 pm	Snack
9:00 pm	May go up to bed, watch TV in living room Bedtime Sunday- Thursday 10pm Friday & Saturday 11pm
11:00 pm	Lights out, Bedtime

CLIENT SCHEDULE SATURDAY

8:00 am	Time to wake up
8:45-9:15 am	Breakfast
9:00 am	Medication pass
9:15 am	WORK FLOOR COUNSELOR will Oversee (Deep clean 1st Saturday of each month)
10:15 am	May go up to freshen up for the day, bring down all essentials you'll need for the day No upstairs until 4:45
11:00am-11:50 am	Mandatory Activity Social Work/Counselor
12:00-12:30 pm	Free time Room Check Clinical Support
12:30-1 pm	Lunch
1:00- 1:30 pm	Lunch Clean Up, Free Time
1:30- 2:50 pm	Hobby Saturday or Other Mandatory Activity Clinical Support Fill Out
3:00-3:10 pm	Snack
3:10-4:15 pm	Optional Activity Counselor Fill Out-Outdoor weather permitting (4-5 pm allowed upstairs)
4:15-4:45 pm	Free Time, Recreation, TV Peer led self-help meetings
4:00 pm	May go upstairs to freshen up for dinner, bring down all essentials you'll need for the evening! Must be down @5:00 Clinical Support will check rooms to make sure everyone is downstairs
5:00 pm	Free time until dinner, TV
5:30 pm	Dinner
6:00 pm	Free time Activities- may craft, read, write, walk, play games, exercise, TV Dish team, free time activities. Kitchen and dish team can freshen up. Downstairs by 6:50 Clinical Support will check rooms to make sure everyone is downstairs
7:00 pm-7:50 pm	Mandatory Activity Clinical Support Fill Out movie Jurassic park world Dominion Popcorn
7:50 pm	Snack
8:00 pm	May watch TV in Living Room
9:00 pm	May go up to bed
11:00 pm	Lights out, Bedtime

**Kitchen crew & Dish team may go up for 30 minutes. Please let staff know when done in kitchen to freshen up*

CLIENT SCHEDULE SUNDAY

8:00 am	Time to wake up
8:45 am	Breakfast
9:00 am	Medication pass
9:25 am	Spiritual TV, may watch Church or other services on TV In Living Room
9:30-10:10 am	Mandatory Activity Counselor Fill Out (for clients not partaking in Spiritual TV) Chris Spirituality (other mandatory activity)
10:15 am	WORK FLOOR Clinical Support will Oversee
11:00 am	May go upstairs to freshen up for the day. Bring down all essentials for the day. Must be down 11:45am Room Check Clinical Support
12:30 pm	Lunch
1:00-1:50 pm	Socialize with your peers Board games / Cards / Hobby / Karaoke etc.
2:00-2:50 pm	Mandatory Activity Counselor Fill Out-Outdoor weather permitting
3:00 pm	Snack
3:10 pm	AA/NA meeting, free time activities, may watch tv, listen to music, socialization, walk, games, read, treatment work etc. 3p-5p TV can be on OPTIONAL ACTIVITIY Clinical Support Fill Out
4:00 pm	May go upstairs to freshen up for dinner must be down by 5:00 PM
5:30 pm	Dinner
6:00 pm	Dish team, free time activities. TV Kitchen and dish team can freshen up. Downstairs by 6:50 Clinical Support will check rooms to make sure everyone is downstairs
6:50-7:50 pm	Quiet study or Mandatory Activity Clinical Support Fill Out
7:50 pm	Snack, may watch tv may go in living room Free time
9:00 pm	May go to bed or continue with free time or tv time
10:00 pm	Clients upstairs/ Lights Out

Kitchen crew & Dish team may go up for 30 minutes. Please let staff know when done in kitchen to freshen up **FIRST SUNDAY OF EACH MONTH IS DEEP CLEAN ON SUNDAY 1PM-2:50****

