

MASTER CLIENT SCHEDULE MONDAY – FRIDAY

	Monday	Tuesday	Wednesday	Thursday	Friday
6:30am	May wake for shower/Use Wellness Room/Breakfast set-up at 6:45				
7:15am	Wake up				
7:45am	Breakfast				
8:15am	Morning Meeting				
8:40am	Work Skills Development				
9:20am	Prepare for Vocational Training or Recovery Groups- Clients may return to their rooms and shower, read, complete therapeutic work and gather supplies for the day.				
9:45am	Room Checks/Inspections				
10:00am	Vocational Training /School/Recovery Groups at 10 and 11				
12:00pm	Lunch				
12:30pm	Lunch Clean Up / Free Time downstairs only				
1:00-2:50pm	Vocational Training /School/Recovery Groups at 1 and 2				
2:50-3:00pm	Snack				
3:00pm	Final Recovery Group/Class of the day. May change for Recreation at 3:50				
4:00pm	Must be downstairs. Recreation- Wellness Room, Walk, MPR, etc.				
4:50-5:20pm	Free time. May be upstairs in rooms. Must be downstairs by 5:20 and prepared for dinner.				
5:30pm	Dinner				
6:00pm	Free time. Kitchen Crew may go upstairs to freshen up until 6:30. Treatment work, reading, exercise, outdoors, etc. News on TV				
6:30pm	Free time. May be upstairs in bedrooms. Must be downstairs prepared for Quiet Time.				
7:00pm	Quiet time. Friday- Beautification through 9:50pm.				
7:50pm	Snack				
8:15pm	May go up to bed, watch TV in living room or multipurpose room. Bedtime Sunday- Thursday 10pm Friday & Saturday 11pm				

- ****Friday All straighteners need to be signed out & signed back in by end of beautification.****
- ****Kitchen crew & dish team may also go up to freshen-up for 30 minutes when kitchen complete.**
- **Please tell staff when heading up.**
- Clients will receive scheduled individual counseling and psychotherapy sessions as needed. Clients will also participate in individual sessions with the Vocational or M/I Coordinator as needed and/or as applicable. If attending one of these individual sessions, clients are required to inform the group leader for their absence from a group or class.

MASTER CLIENT SCHEDULE SATURDAY

7:55am	Time to wake up
8:40am	Breakfast
9:10am	Morning Meeting
9:30am	Work Floor
10:15am	May go up to freshen up for the day, bring down all essentials you'll need for the day No upstairs until 4:45
11:00am	Must be downstairs- Free time activities- may craft, read, write, walk, play games, exercise. NO TV
12:00- 12:30 pm	Free time
12:30pm	Lunch
1:00- 1:30 pm	Lunch Clean Up, Free Time
1:30- 4:00 pm	Socialization, Free Time, Recreation TV can be on
3:00pm	Snack
3:15- 4:45pm	Free Time Continues, Recreation
4:45pm	May go upstairs to freshen up for dinner, bring down all essentials you'll need for the evening! Must be down @5:15
5:00pm	Free time until dinner
5:30pm	Dinner
6:00pm	Free time Activities- may craft, read, write, walk, play games, exercise NO TV May go upstairs @6:00-6:30 to freshen up. Must be down 6:30 prepared for rest of evening.
7:00pm	Rotating Community meeting in Dining Room and Planned Community Activity No TV during this time
7:50pm	Snack
8:00pm	May watch TV in Living Room or a movie in Multipurpose Room (not during activities)
8:15pm	May go up to bed
11:00pm	Lights out, Bedtime

**Kitchen crew & Dish team may go up for 30 minutes.
Please let staff know when done in kitchen to freshen up**

MASTER CLIENT SCHEDULE SUNDAY

7:55am	Time to wake up
8:40am	Breakfast
9:20am	Spiritual Development, may watch Church on TV in multipurpose room or quiet study in dining room
10:15am	work floor
11:00am	May go upstairs to freshen up for the day. Bring down all essentials for the day. Must be down 11:45am
12:30pm	Lunch
1:00pm	Dish team free time No TV
130pm	Hobby Sunday
2:50pm	Hobby Sunday may continue or conclude
3:00pm	Snack
3:10pm	AA/NA meeting, free time activities, may watch tv, listen to music, socialization, walk, games, read, treatment work etc. 3p-5p TV can be on
4:45pm	may go upstairs to freshen up for dinner must be down
5:30pm	Dinner
6:00pm	Dish team, free time activities. No tv. May go upstairs after dinner for 30 Minutes to freshen up. Bring everything down. No one upstairs till bed 6:30 must be down
7:00pm	Quiet study
7:50pm	Snack, may watch tv may go in living room or multipurpose Free time
8:15 pm	May go to bed or continue with free time or tv time
8:45pm	Clients may go upstairs
10:00pm	Clients upstairs/ Optional Lights Out

**Kitchen crew & Dish team may go up for 30 minutes.
Please let staff know when done in kitchen to freshen up**